What Should I Expect at My Eye Exam?

Whether it's a routine checkup or your very first time, a WellVision Exam® from your VSP® network doctor is a great step to taking care of your eyes and your overall health. Below are some things you can expect at your eye exam.

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CalCPA Health

The Letter Chart.
This is called the Snellen chart. The rows of letters in different sizes test how well your eyes can see at a specific distance.

Which is clearer? 1 or 2?
You'll be asked to view the same letters at different prescription strengths to see which one is the clearest to you. This helps estimate your eyewear prescription.

Prepare for a few drops to your eyes.
Dilating drops enlarge your pupils so your doctor can look inside and at the back of your eyes. The drops may make your vision temporarily blurry and your eyes sensitive to light.

Get a closer look.
Your doctor will have you look straight ahead and use a special light called a slit lamp or biomicroscope to get a magnified view of the front and inside of your eyes. This part of the exam is totally painless and lets your doctor see your eyes in 3D.

See the big picture.
Your doctor may offer an additional retinal screening, where they take pictures of the inside of your eye. These images provide a permanent and historical record of changes in your eye.

Learn more about how to prepare for your appointment.

Visit **vsp.com/eye-doctor** or call **800.877.7195**.

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