



CalCPA Health
Health plans for CPAs since 1959



Tools To Help Your Overall Wellness

CalCPA Health has partnered with Anthem to provide a suite of tools focused on improving our members' overall wellness.

Visit Anthem.com/ca to log into your member account

Click on the tab "My health dashboard" and Select "Programs"



- **ConditionCare**
Tools and support for managing conditions like diabetes, asthma, and heart disease.
- **Case Management**
With the help of your medical care team and case managers, you can receive personalized care and support to help you through a serious illness or hospitalization.
- **WebMD Health Risk Assessment**
By completing your health assessment, you will be on your way to customizing your health goals and working towards improving your overall well-being.
- **24/7 Nurseline**
Consult with a registered nurse around the clock to discuss your health concerns.
- **LiveHealth Online**
Visit a doctor 24/7 through live video from home via your smartphone, tablet or computer.
- **LiveHealth Online (Lactation Consultation)**
Get breastfeeding support from the comfort of your home.
- **Weight Management Center**
Provides tools to help you reach your weight goals.
- **Preventive Health Guidelines**
Helps you to stay on top of your recommended screenings and vaccines based on your age and gender.
- **Emotional Well-Being Programs**
Provides you with a set of digital tools you can use to help improve your emotional well-being.
- **Cancer**
Provides access to straightforward resources for managing cancer symptoms and treatment.
- **Tobacco Cessation Center**
A resource providing the tools needed to help you reach your goal to stop tobacco use.
- **Diabetes Prevention Program**
Virtual Diabetes Prevention Program provides coaching that can greatly reduce your risk.

Any questions, we are here to help 877-480-7923
or email CalCPAHealth@CalCPAHealth.com